2026 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus Section 5(c). Services Provided by a Hospital or Other Facility, and Ambulance Services Residential Treatment Center

Note: The calendar year deductible applies to almost all benefits in this Section. We say "(No deductible)" when it does not apply.

Benefit Description

Residential Treatment Center

Inpatient Residential Treatment Center:

Precertification prior to admission is required.

We cover inpatient care provided and billed by an RTC when the care is medically necessary for the treatment of a medical, mental health, and/or substance use disorder:

 Room and board, such as semiprivate room, nursing care, meals, special diets, ancillary charges, and covered therapy services when billed by the facility.

Notes:

- For inpatient care received overseas, refer to Section 5(i).
- For outpatient residential treatment center services, see Section 5(c).

You Pay

Preferred facilities: 30% of the Plan allowance (deductible applies)

Non-preferred facilities (Member/Non-member): You pay all charges

Benefit Description

Not covered services, such as:

- Biofeedback
- Custodial or long-term care (see Definitions)

- Domiciliary care provided because care in the home is not available or is unsuitable
- Educational therapy or educational classes
- Equine/hippotherapy provided during the approved stay
- Recreational therapy
- Respite care
- Outdoor residential programs
- Outward Bound programs
- Personal comfort items, such as guest meals and beds, phone, television, beauty and barber service
- Services provided outside of the provider's licensure/scope of practice

Note: Residential treatment center benefits are not available for facilities licensed as skilled nursing facilities, group home, halfway house or similar type facilities.

You Pay All charges