

**2026 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus**  
**Section 5(h). Wellness and Other Special Features**  
**Telehealth Services**

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**Telehealth Services**

Go to [www.fepblue.org/telehealth](http://www.fepblue.org/telehealth) or call 855-636-1579, TTY: 711, toll free to access on-demand, affordable, high-quality care for adults and children experiencing non-emergency medical issues, including treatment of minor acute conditions, dermatology care, counseling for mental health and substance use disorder, and nutritional counseling.

Note: This benefit is available only through the contracted telehealth provider network.